

Specialties at the Pyramid Clinic

SURGICAL EXCELLENCE



MORE THAN 25 YEARS OF QUALITY AND EXPERTISE

The Pyramid Clinic was founded by specialists in 1993 and is now one of the leading private clinics in Switzerland. Our clinic's motto is "excellence for you", because the Pyramid Clinic does not just stand for medical excellence and individual care and attention – it also offers exclusive and attractive infrastructure as well as first-class hospitality.

Our business strategy is based on a clear focus on selected surgical fields. Our internal specialist centres for plastic and breast cancer surgery, maxillo-facial surgery, and joint and sport surgery form the heart of the Pyramid Clinic. These are complemented by our centres for hand, foot and vascular surgery. Our achievements in eye surgery, ear, nose and throat surgery, minimally invasive visceral surgery and gynaecological surgery are likewise highly renowned.

The efficiency and dedicated team spirit of all internal and external centres working together for the benefit of our patients create the ideal conditions for outstanding results. The manageable size of the clinic ensures a warm, personal atmosphere and sustainable business development. We continually monitor our performance targets with internal assessments and external audits, and have led the Swiss Leading Hospitals' patient satisfaction surveys for many years.

"Excellence for you": Take us at our word. Your health is definitely worth it. We are here for you.





CENTRE FOR PLASTIC SURGERY

The admiration of and search for beauty is as old as mankind itself. In ancient Egypt and Greece, the Middle Ages and our world today, beauty has always played an important role. Real beauty comes from within, but this does not rule out the option of outside assistance. Beauty is unfortunately often associated with flawlessness. Instead, the primary objective should be to bring out a person's natural beauty.

That's why combining beauty with nature is the supreme credo at our Centre for Plastic Surgery. We cannot create beauty, but we can help unlock and accentuate the natural beauty of each individual. Thanks to advances in modern medicine, there are almost no limits on the options for approaching your individual definition of beauty. That is why it is all the more important not to strive for perfect forms, but to preserve the natural proportions and individual character of the face. Serious plastic surgery is about finding the ideal balance between what is medically advisable and aesthetically desirable. Our Centre for Plastic Surgery also includes reconstructive surgery as a key specialty.

RANGE OF TREATMENTS

Breast surgery

- Breast augmentation
- Breast reduction
- Breast lift
- Corrective breast surgery

Facial surgery

- Eyelid correction/eyelid lift
- Forehead or brow lift
- Face/neck lift
- Nasal reshaping/rhinoplasty
- Corrective surgery for protruding ears
- Wrinkle treatments

Body contouring surgery

- Liposuction
- Abdominoplasty or "tummy tuck"
- Body lift
- Genital surgery
- Vascular surgery
- Hand surgery

 FACEATELIER  HAIR&BODYATELIER

Our two ateliers at the Haus zur Pyramide have been open since 2015. All of our plastic surgeons also work in these studios and will be pleased to welcome you for a consultation.

CENTRE FOR BREAST CANCER SURGERY

For many years, breast cancer treatment focused solely on the prevention and removal of the actual tumour. Often far too little attention was paid to the physical and emotional effects of stressful cancer treatments. The current options presented by oncoplastic surgery are holistic treatment concepts that allow for the best possible coordination of tumour removal and breast reconstruction. This is why a plastic (i.e. oncoplastic) surgeon should be included in the core team for each breast cancer case. Because gaining their opinion before the first operation can often prevent unnecessary complications and inefficient medical processes.

The ultimate goal of any breast cancer treatment is always the complete removal of the tumour. Wherever possible, a breast conservation approach is taken. However, the complete removal of the breast is unavoidable in around one third of patients. In these cases, the woman affected should always be shown what reconstruction options are available. Evidence now shows that breast reconstruction can positively influence women's quality of life and has no disadvantages in terms of prognosis. Complex reconstructive surgery, particularly with the patient's own tissue, requires extensive surgical expertise and many years of experience in the field of microsurgery.

RANGE OF TREATMENTS

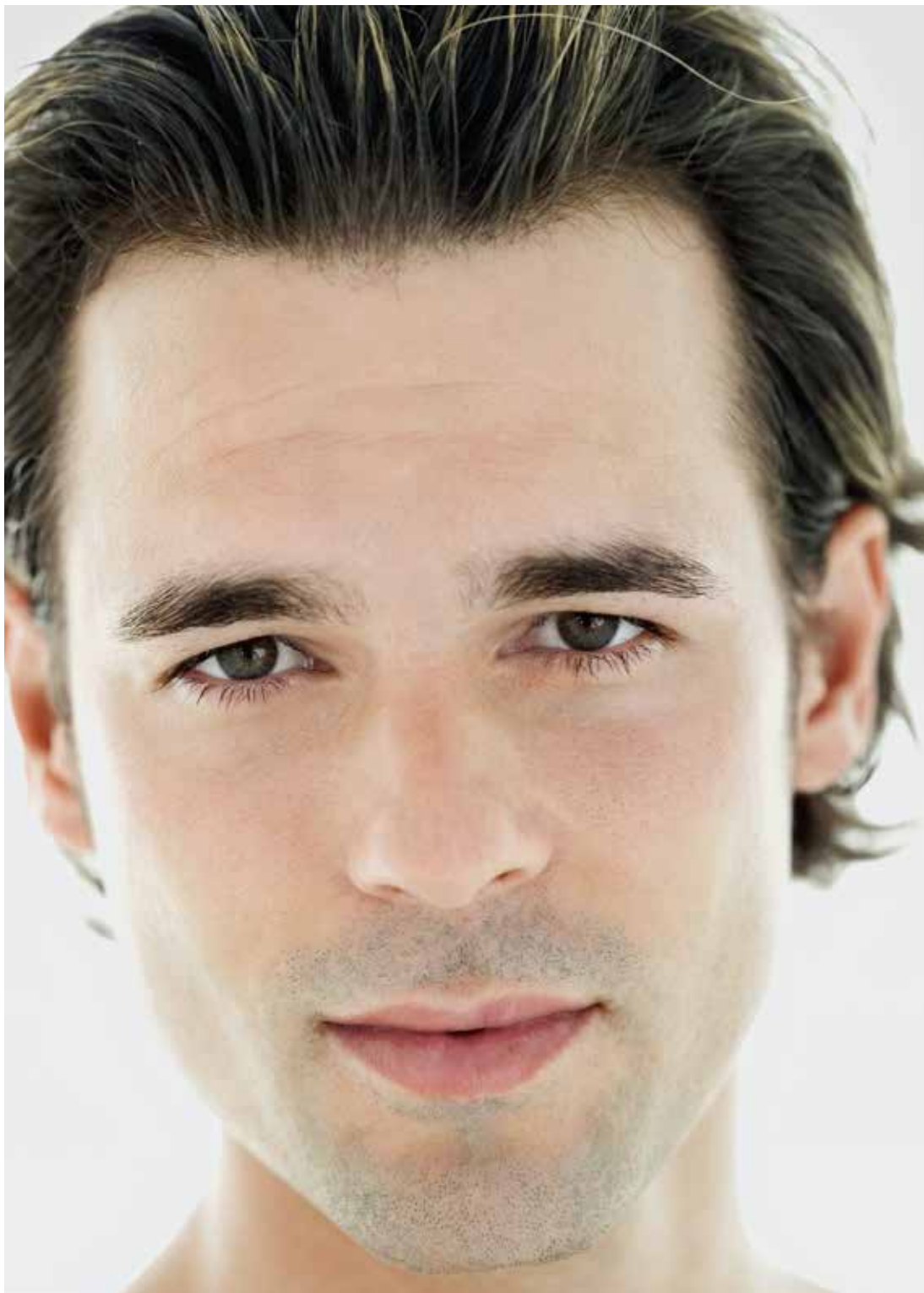
Breast-conserving lumpectomy

Mastectomy and breast reconstruction with

- Implants
- Autologous tissue from the abdomen, buttocks or back
- Combination of implants and autologous tissue

Second opinions and expert opinions





CENTRE FOR MAXILLO-FACIAL SURGERY

Our face is a key element in interpersonal communication. The first impression that we give immediately communicates a diverse range of feelings and perceptions. Ideally, a beautiful smile combined with harmonious facial proportions will guarantee a pleasant and winning appearance, accompanying us on our journey through our private and professional lives. There are many reasons for surgery in the maxillo-facial area: unfavourable growth patterns, malformation or the consequences of an injury may affect one or more elements of the facial architecture.

Obstruction of free breathing through the nose or even interrupted breathing during the night can be caused by aggravating skeletal circumstances. Loss of teeth with the associated reduction of bone mass can mean significant challenges for the dentist in the provision of dental implants. These things do not have to be accepted as fate. Nowadays, well-established surgical techniques combined with modern methods can usually offer a tailor-made solution that will lead to the best possible functional and aesthetic result.

RANGE OF TREATMENTS

Maxillo-facial surgery

- Jaw malformations (dysgnathia)
- Temporomandibular joint
- Jaw augmentation
- Cleft lip, jaw and palate
- Traumatology

Oral surgery

- Wilckodontics
- Distraction

Facial surgery

- Profile improvement
 - Cheekbones
 - Lip correction
 - Nasal surgery
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CENTRE FOR JOINT AND SPORT SURGERY

The average age of the population is constantly increasing. We all have an indisputable need to remain active and free from pain throughout our lives. Maintaining physical well-being ensures a high quality of life and the retention of mobility and independence.

Over the course of life there may be many causes of musculoskeletal problems. In active young people, these are most frequently brought about by sports injuries. In later years they may be due to illness, accidents or wear and tear on the joints (osteoarthritis). This can mean that joint-preserving operations (e.g. arthroscopy or cartilage replacement) or the complete replacement of a joint with a joint prosthesis may be necessary. Our motto at the Centre for Joint and Sport Surgery is “Your mobility is our top priority.” We always aim to offer you the most effective but gentle treatment, with minimal pain and a speedy recovery. These days, various minimally invasive and computer-aided surgical techniques are available for this purpose as complements to conservative therapies. They facilitate rapid restoration of the original function and mobility.

RANGE OF TREATMENTS

Hip surgery

- Hip replacement
- Revision hip replacement

Knee surgery

- Knee replacement (partial or total)
- Revision knee replacement
- Meniscus
- Cruciate ligament

Shoulder surgery

- Arthroscopy
- Shoulder replacement

Foot surgery

Hand surgery



OTHER CORE COMPETENCIES

In addition to our four in-house specialist centres, our external affiliated specialists cover the following surgical specialties:

- Vascular surgery
 - Foot surgery
 - Hand surgery
 - Eye surgery
 - Ear, nose and throat surgery
 - Minimally invasive abdominal surgery
 - Gynaecological surgery
 - Endocrine surgery
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More detailed information on the individual specialties and specialists as well as selected procedures can be found on our website at pyramide.ch or in the various specialist brochures that you can order from us (email info@pyramide.ch) or download directly from our website.

ANAESTHESIOLOGY

The Pyramid Clinic takes great pride in the excellent patient care provided by our anaesthetics team. Our experienced anaesthetists take time to prepare patients for their upcoming surgery with sensitivity to their needs. Whether it be a general or regional anaesthetic, the well-being of the patient is paramount at all times. This is why we choose

not to use any unpleasant anaesthetic gasses. Instead, the required medication is introduced directly into the circulatory system. This largely rules out any unpleasant side effects such as post-operative vomiting and allows for best-practice determination of the wake-up time.